

HEALTH OVERVIEW AND SCRUTINY COMMITTEE:
3 SEPTEMBER 2025

REPORT OF INTEGRATED CARE BOARD

WINTER PLANNING UPDATE

Purpose of the report

1. The purpose of this report is to provide assurance regarding the plans in place to manage health system pressures across Leicester, Leicestershire and Rutland (LLR) over winter 2025/26.

Background

2. Winter planning is an annual responsibility of health and social care organisations, to manage safe delivery of care with the anticipated increase in demand because of weather conditions and seasonal illnesses.
3. Across the health and social care system, winter planning is co-ordinated to ensure that there are robust arrangements to cope with demand and surges in activity, and that agencies are working together to manage pressures to ensure that residents continue to receive safe and appropriate care.
4. As part of the annual winter assurance planning process, each Integrated Care Board is asked by NHS England to submit a Winter Plan to ensure the health and care system is fully prepared to manage the increased pressures that typically arise during the winter months (October to March).
5. The Health Overview and Scrutiny Committee traditionally receives a report regarding the Winter Plan in the early autumn of every year so that it can be assured about the winter ahead. The previous report was considered at the Committee meeting on 11 September 2024:
<https://democracy.leics.gov.uk/documents/s184975/Winter%20pressures.pdf>
6. The Integrated Care Board considered the 2025/26 Winter Plan at its Board meeting on 14 August 2025. The full Winter Plan consists of a significant number of detailed documents. The appendix to this report provides a summary of the contents.

Appendices

Appendix – Winter Plan presentation slides.

Officer(s) to contact

Dr Nil Sanganee
Chief Medical Officer
Leicester, Leicestershire and Rutland Integrated Care Board
n.sanganee@nhs.net